

**Valentine's Day**  
Legitimate holiday  
or corporate  
excuse?  
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# SPOKE

A LEARNING NEWSLETTER FOR JOURNALISM STUDENTS

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WEDNESDAY, FEBRUARY 14, 2001      COWLEY COLLEGE, WINTERBURY, CT      WWW.COWLEYCOLLEGE.EDU/SPOKE      2002 YEAR -- 193

## Extramural hockey team tournament champs

### BY AMELIA WILK

It was a tough fight, but the Coweys men's extramural hockey team pulled out a big tournament win on Feb. 4 at the recreation center.

Coweys College hosted intramural hockey tournaments, where college teams from all over the province gathered to play. Eight teams fought for the tournament title, but the skill of the men and Cowey sport held out, keeping victory to the last team.

The day long tournament ran the men play and won four games, one against Coweys College (3-1), two against Penobscot (2-1, 4-3) and the final game against St. David's (2-0). "This, again, is a physical game," said coach, Kevin Macneil. "The goaltender's been outstanding and there have been really great efforts from players." Macneil also pointed to

two standouts in the tournament, Jordan Scholz and goalie Tyler Walker, who he said were important to the team's success.

Scholz also had positive things to say about his team going into the semifinal game, mentioning again how great the team was playing. "Everyone's playing a role. We're all just taking it one shift at a time."

The strategy worked, because the men pulled out two tough wins against Fundress and Penobscot, with Finney moved as fourth overall in tournament play this season.

Awards were given in each game for outstanding performance, with Coweys's Ian McLeary, Tyler Walker, Jordan Scholz and Matt Johnson picked up the best stats in the four games.

That is the second tournament win for the men this season. They also picked up a win at Coweys College last year.



Photo: Macneil

The Coweys men's extramural hockey team is all smiles after being crowned champions on Feb. 4.

## Board of governors approves new programs

### BY PAUL BRYAN

Coweys College's board of governors approved eight new full and part-time programs to be taught at the school, with some starting as soon as next September.

Many of the programs will award college certificates and do not need further approvals according to local regulations that of non-degree administration Robert Carley.

Board members were told at

a Jan. 31 meeting that the eight new programs will be spread across four of the college departments.

The School of Business will see a program on gift and risk management, which focuses on the administration of company risk with last years. The will open at Coweys college products conference, and should be ready to start classes as early as September 2001.

The School of Engineering and Information Technology will add a college certificate program in electronic communications and troubleshooting, which will give grads on experience with those technologies.

"The program will span five courses over 120 hours," said Carley.

The School of Health and Life Sciences will see the addition of two part-time programs which will share a campus first year, according to Board of Governors member Grace de Gooze. They are leadership in senior living -

training and leadership in senior living - management, both focus on the care of the elderly in the community, with the nursing stream focused on front line care and management focused on other programs. It will be offered online and structured for people who are already at work in the community. It will require 180 hours of course load.

Finally, Coweys School of Continuing Education will see four programs.

Desktop applications support in a college certificate program focused on updating or learning new skills in common desktop software programs, computer hard ware and operating systems.

English in French translation for the workplace is a new diploma program aiming to those who want to learn the language for more professional applications. The part correspondence French and Carley "People would use this to translate federal documents. Every

program is career-oriented."

Continuing Education will also get a new diploma program, bearing a feature to be approved by provincial boards.

With a diploma to test - not necessary as a full-time study program which will train students to do the education they work required by senior citizens who, due to the time-consuming and technical nature of their jobs, find it increasingly difficult to do so themselves.

"The college will also be putting forward an online program on therapeutics, the study of death and dying in other cultures. This program is aimed toward giving people in professions which sometimes deal with death such as emergency services doctors, nurses and morticians the skills to be able to deal with death in a professional manner, and to understand the customs of other cultures in a multicultural society. Students in this will earn a college certificate."



Photo by PAUL BRYAN

Robert Carley, Coweys College's executive dean of academic administration, is responsible for overseeing the implementation of the eight new programs approved by Coweys College's board of governors.

## Now deep thoughts ... with Conestoga College

Random questions answered by random students.

What's the one thing you could never leave the house without?



"My phone."

**Anne Hunt,**  
first year  
business admin. student



"A stethoscope."

**David Bess,**  
first year  
nursing



"My textbook."

**Bethany Teal,**  
first year  
business admin. student



"Clothing and self respect."

**Mark Schreiber,**  
first year  
computer programming



"My wallet."

**Mike Barnwell,**  
first year  
computer programming



"My cellphone. And I would never leave the house without making up."

**Nancy Payne,**  
first year  
business admin. student

# Kitchener celebrates Chinese New Year

By JIMMY BARNETT

Chinese New Year, the biggest celebration and most important holiday in China,

was celebrated around the globe starting Feb. 3. Parade, dragon, lion, dances, drums and fireworks were also seen in most major cities.

In Canada Kitchener was no exception, with events that ran the week of Feb. 1, and ended with a big celebration at Kitchener Market on Feb. 8.

Chinese New Year is based on the Chinese lunar calendar system, and so of Feb. 11 it is now the Year of the Rabbit based on the Chinese zodiac system. This predicts a year of harmony, prosperity and wealth earned by hard work.

Kitchener City Hall hosted many events including tra-

ditional dances, calligraphy and writing, drum rotations, and a showing of lantern films from Asia, all for free.

On Feb. 8 members of the Tsimshian Tai Chi Society of Canada put on a demonstration in the rounds, and provided the art to the children on afterwards.

Lesley Lynn Howlett and Tai Chi is something any body can try, no matter what culture you come from.

"We've celebrated Chinese New Year for over 25 years in S.W. Howlett and Tai Chi is something any body can try, no matter what culture you come from."

The Tsimshian Tai Chi Society is a volunteer society that promotes physical well being, and offers members of all ages and health condi-

tions.

Member Chris Leeking said, "We come to share with us to acknowledge this important celebration and promote cultural exchange while we celebrate."

The traditions of Chinese New Year comes from a ancient legend, the myth of the Nian.

The Nian was a beast who would come the first day of the new year, and eat live stock and children. To protect themselves from getting eaten, villages would put Red on their doorways and dress in red. They also hung red lanterns from their doors, and used fireworks to scare the Nian away. This evolved into the lion, dragon, parade and the lantern used in celebrations today.



PHOTO BY JIMMY BARNETT

Members of the Tsimshian Tai Chi Society demonstrate the art of Tai Chi for children in the rounds of Kitchener City Hall as part of Chinese New Year celebrations.

## Let's all be brave



# Searching for Tom

## New exhibit explores artist's mysterious death

### By GREGORY SPORN

How much influence did Tom Thomson have on Canadian art and culture? Was he murdered?

These are the two main questions that **THEMUSEUM** (101) tries to answer in their latest exhibition, *Searching for Tom - Tom Thomson, Man, Myth and Murders*.

The display is being held in collaboration with the Tom Thomson Art Gallery in Owen Sound, and has been sponsored by Arts Life Prescott.

"Like history, Thomson has become a part of the Canadian psyche," said David MacNeil, CEO of **THEMUSEUM**. "It is our desire to bring awareness of Thomson to new generations and to new Canadians."

The myth of Tom Thomson is his mysterious death. The Thomson native liked to travel all to Algonquin Park with other painters or by canoe. When his parents and friends met simple drug transactions.

On July 30, 1917 he was found floating in Canoe Lake. He had been dead for eight days. He had taken his wadded canoe around one cabin, and had suffered a blow to the head. He was found almost immediately, before any members of his family could see his body.

The exact reason for his demise has never been determined, although the official cause of death was listed as accidental drowning. This is despite the claim that there

was no sign that he had drowned.

"The story is one of legend around that [his death]," said Angela Olano, director of brand, marketing and digital media at **THEMUSEUM**.

The tragic death, the loss of potential and the myth that soon all helped inspire his painter friends to form what became known as the Group of Seven. They eventually included 11 members and expanded into the Canadian Group of Painters, spreading their influence across Canada.

The display starts with some early Thomson paintings which are rarely seen. Some of them look strikingly like scenes of Homer Watson's work.

The next part of the display shows works by artists who were directly influenced by Thomson's work.

"There are all the artists working directly in landscapes," said Olano, making up the museum. "But they are contemporary artists working under some kind of influence of Tom Thomson."

One part features recorded interviews from famous faces discussing Thomson.

Olano said, "We spent the last several months approaching famous Canadians and asking them what Tom Thomson means to them and what Tom Thomson means to Canada and Canadians."

As well as the Tom Thomson Art Gallery other contributors to the exhibit too include the McMichael



Photo by GREGORY SPORN

March 10 German works on a new piece of multimedia art, as part of the display.

Canadian Art Collection, the National Gallery of Canada, the Art Gallery of Ontario and the Homer Watson House and Gallery, as well as some private collections. **THEMUSEUM** is located at 10 King St. W. in downtown Toronto. Their hours are Wednesday to Friday, 10 a.m. to 4 p.m., and Saturday and Sunday, 10 a.m. to 4 p.m. You can contact them at 519-398-5017 or find out more at [themuseum.ca](http://themuseum.ca).



Photo by GREGORY SPORN

Angela Olano, director of brand, marketing and digital media, stands off an early Tom Thomson painting.

# Conestoga tackles mock chemical spill

### By ROBERT GIBBS

If previous makes perfect, then Conestoga's students will be ready for anything. Students in the paramedic, medical assessment and pre-nursing disciplines prepare as well as from state-of-the-art programs will all be participating in a new learning experience this spring.

"Our school has never done anything of this magnitude before," and pre-nursing, firefighter instructors David Kowenow.

On April 3 there will be a simulation hazard emergency spill at the college that

affects 10 people in different degrees of severity. A number of services will be required to provide care and safety for these individuals, including decontamination, triage, first aid, transportation to hospital, and ongoing post-incident care. The entire participation includes more than 375, and further opportunities to observe are offered to many others.

"Not only has our school never done anything of this scale before, we are unable to identify anyone else that has taken on a project with this many people on the scale," said faculty advisor the

WHSOC Jen McKeown.

**WHSOC** (Western Interprofessional Healthcare Student Collaborative) consists of students from pre-nursing, firefighting, nursing, paramedic, health information, respiratory therapy, EMT, CMAA, police departments, social services workers and anyone else who is enrolled in health services or medical services programs with an interest in working with professionals in their chosen field. In the simulation situation will be paired with an experienced partner in their field of study and work together to safely complete

the task at hand.

"For example, Waterloo Region EMS participants will be monitoring Conestoga's paramedic students during the current firefighter firefighters will be working side by side with Conestoga pre-nursing firefighters students and social services students will be observing their professional role under the guidance of members of the Waterloo Region Emergency Services Team," said Kowenow, who is also the event co-ordinator.

A number of agencies in the region will be participating including the Waterloo Fire

Department, Waterloo Region EMS, Waterloo Region Police, Red Cross, Salvation Army, St. John Ambulance and many others.

Students who wish to participate can find more information and a registration form at [www.wjhsoc.com/Conestoga](http://www.wjhsoc.com/Conestoga). All students are welcome to register for the event as observers though space is limited.

"WHSOC does not manage financial emergencies often, but again we have never planned anything quite like this. We are very excited about the opportunity," said Kowenow.



# A greener future for Conestoga

By KATHLEEN BURKMAN

With construction of the new Cambridge campus on track, Conestoga students will be getting the idea that it! The development of the Cambridge campus will offer students opportunities, including the chance to decrease our ecological footprint by means of human demand on the Earth (anywhere). Conestoga College is working hard to become environmentally responsible, and the new campus will be plenty of potential to do so.

Environmental co-ordinator Jane Veldick knows that there are great things in store for the Cambridge campus. She has many ideas on how to create a greener campus; however, she is now looking for feedback from the Conestoga community.

"What I want to know is what students expect out of Conestoga," she said. "If the students, faculty and staff that have invested in this community and it's there value that I want to have reflected in what we strive to



PHOTO BY KATHLEEN BURKMAN

According to Conestoga's Greater Recycling Endeavour the Education Network (GREEN) committee recycling has taken place at Conestoga College since 1989. However, the committee is always looking for ways to become greener.

enough."

One student is more than happy to share his ideas. "If Conestoga wants to become

greener they should do something about composting," said second year student, Melissa

Dryden. "The house takes forever and when we drive to school we waste so much gas and pollute the environment."

They should also do something about equipping to the new campus."

Veldick's ideas were discussed at the Greater Recycling Environmental Education Network (GREEN) meeting on Feb. 1. The advisory group meets on a regular basis, discussing Conestoga's green reputation in the community along with ways to improve our environmental commitment. The group, created by Physical Resources, is always looking for student feedback.

For those wanting to voice their ideas on how to create a greener campus, and decrease our ecological footprint, contact Veldick. She is open to hearing any ideas on how Conestoga College can become more environmentally friendly. She wants to know what students expect out of the college, as she believes they are the ones who have invested in this community.

Jane Veldick can be reached via email at [jane.veldick@conestoga.ns.ca](mailto:jane.veldick@conestoga.ns.ca).

## On-campus chiropractor can alleviate your pain

By GINA BARBAR

Has your body been feeling stiff lately from hugging around that big, heavy back pack? Conestoga's on-campus chiropractor can help with that.

Students often visit the on-campus chiropractor for pain in the lower and mid back. The top students carry their backpacks as well as their papers while sitting at the computer can have a very negative effect on their neck, and can cause tension and pain.

"Someone was definitely on the right track of thought when they decided a chiropractor should exist on a school campus," said second year business student, Chris Scott. "I've had three out of four in my back since the number of times I've been a first cranky has only been one or two night riding waves."

Conestoga's chiropractic services can help your sports related injuries as well as work, lower back, shoulder, knee and foot and wrist pain.

"That's a lot of people are aware of what chiropractors do. I don't do very aggressive adjustments, mostly just toning," said chiropractor, Dr. Mike Elmerick. "The most benefits are reduced joint pain, reduced muscle pain and improved posture."

Someone was definitely on the right track of thought when they decided a chiropractor should exist as a school service.

— Chris Scott

He has been Conestoga's chiropractor since 1986 when the new health services office opened. Along with working part time at Conestoga, Elmerick performs chiropractic services at Wilfrid Laurier University three days a week as well as working in a clinic in London, Ont. There is an initial half-hour

appointment where he learns your history and performs examinations to determine pre-existing problems. He then, most patients go in for a long session with students.

"Ideally when sitting on the computer your elbows should be at a 90 degree angle and the monitor at eye level," said Elmerick.

Students, however, tend to fall into the habit of slouching where their shoulders roll forward. When sitting the way, gravity pulls the head and shoulders forward and the spine is in the wrong position which causes other problems including tension and headaches.

Elmerick has noticed a pattern where many students from class will come around the same time, or students will tend to make more appointments around mid term and exam time.

Elmerick is in the office every Tuesday and Thursday from 1 to 4 p.m. and on Wednesdays from 8 a.m. to 1 p.m. You can schedule an appointment at the Health Services office on Room 1A102.



PHOTO BY GINA BARBAR

A Conestoga student's great posture, shown by his slouching behavior while working on a computer, causes neck pain. Conestoga's chiropractic services can help a student like him.



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PHOTO BY HARRY LEVERAGE

Krista Williams, left in right, Tami Gunkel, Kevin Songzou and Britany Jackson participated in the Appreciate Yourself, Appreciate Others Workshop held by Student Life on Feb. 1.

## Chance to find your true colour

By HARRY LEVERAGE

Personality classes can really solve many problems. So Conestoga's Student Life department has put together a workshop to help students appreciate their own unique traits and those of others.

The first, Appreciate Yourself, Appreciate Others workshop was held Feb. 1 at Conestoga College to help students develop an understanding of their own personality style and appreciate the characteristics and style of others.

"It's designed for students to appreciate the gifts they have"

and Krista Williams, a Student Life Leadership facilitator, "And to be able to recognize one's traits and how to use them."

Thirty-five students attended the workshop and participated in a personality assessment test.

It helped them to understand individual preferences, styles and temperament types and to help recognize personal blends of strengths and qualities.

The final test scores placed each person into one of four

personality colours: inspiring green, reflective blue, logical gold and resourceful orange.

Students spent time in groups with the same personality colour and discussed similar traits which gave them the opportunity for students to meet others with the same colours.

"It comes down to meet other students and develop my personal leadership skills," said Krista Williams, a first-year office administration student. "And to have a taste of a different college experience."

The groups then presented what they had discovered to each other which led to a discussion on potential problems between colours and how to improve group work among the different personality styles, an activity that works on enhancing interpersonal skills.

At the end of the workshop, students interacted with each other from the different programs who wouldn't normally get the opportunity. Williams said students came out to the workshop for many reasons

including because they were curious about what kind of person they are, to meet new people to add to their portfolio and to simply have fun.

"I wanted to broaden my own personal experience and to get more involved," said Amanda Klassen, a first-year business administration management student.

The Appreciate Yourself, Appreciate Others workshop is one of seven at Student Life's Campus Leadership Workshop series that are available to any Conestoga student who is looking to develop important leadership skills to better prepare themselves for their future in the workplace.

The workshops are free, but students are required to register online through the Student Portal.

Students will receive a complimentary record of observations on their transcripts with the successful completion of the seven different workshops at the end.

The next Appreciate Yourself, Appreciate Others workshop is scheduled for March 3.

## Can you feel the love tonight?

By AMANDA KLASSEN

If you're craving up Mark for a last-minute Valentine's Day meal, then that special someone is an awesome treat to eat. Wendy's has a special offer, a four-course dinner and movie night courtesy through Conestoga's Healthy Conservatory.

The tropical garden is the site of a romantic stroll at the Sunset Wings of Paradise followed by a sensory meal prepared by the park's conservators that, Krista Klassen said, Krista Klassen said.

Klassen is preparing a delicious menu, consisting of a roasted salmon steak, served with cream sauce and rice, and a choice of salad, one made with baby romaine and another with black pepper and honey vinaigrette, accompanied with sweet red dried cherry tomatoes, or red and green apple of choice.

With fresh herbs topped with creamy herb sauce.

After the appetizer, Klassen is preparing the choice of tender salmon steaks and scalloped sweet potato, with a rich, creamy dumplings, chicken medallions with wild mushrooms served up a creamy parmesan and potato cake as well as wild mushrooms served with red port reduction for the vegetarian option.

Dinner is followed by a treat with double chocolate fudge pudding topped with caramel drizzle or New York style chocolate topped with strawberries berry sauce.

The Healthy Conservatory dinner is a popular Valentine's Day event. Conestoga's resident, Anna Whitley recommends the day out to anyone looking to enjoy their day.

"I took my girlfriend there

two years ago," and Whitley "It was really romantic. I even proposed there. It's a really special environment, one you can see their day there."

The conservatory at The Conservatory, Beautiful Conservatory, agreed it was a very popular event.

"We about half the year, but there are plenty of meals available," and Klassen, who refused to give her last name. "It's a beautiful, beautiful conservatory, but there should be a way to get a table today."

Healthy conservatory are not included in the ticket price, which is \$20.00 a person.

The ticket includes taxes and food and beverages to the conservatory.

To order tickets, call 525-525-5252, ext. 330. Tickets open at 9:00 AM on Friday.

## WANTED: ELECTRONIC TECHNICIANS

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Canada

# Ancient or modern, love is timeless

BY COURTNEY NISSEN

Over time, Feb. 14 has become the date for exchanging love messages and celebrating St. Valentine's Day, the patron saint of lovers. The date is celebrated by sending simple gifts, such as flowers, chocolate and cards to loved ones and many lovers.

By far, Valentine's Day flowers are the most popular gift today.

It is hard to say when the red rose was used to celebrate Valentine's Day. But fresh flowers have always been seen as a symbol of beauty and an expression of love.

Even though many flowers such as tulips, daffodils and carnations are used as Valentine's gifts, the most popular flower by far is the red rose.

According to popular legend the red rose was a favorite of Venus, the Roman mythology and goddess of love and beauty. It is from the red rose came to be associated with love and passion.

Poets and romantics at heart used the red rose as a symbol of love, passion and beauty, helping to create the

strong association of the rose with love as Valentine's Day. "Valentine's Day is, traditionally, one normally sell 1,500 in 1,000 roses on this holiday," said Janet Maryanne DeGripa, who works at Los Angeles Flowers at Hollywood.

Roses are only one of the

would be "obscure," and first year business marketing student Kelley Holgren.

With this one making love day that has millions across the globe giving their loved ones candy flowers, chocolate and "Valentine's" some people feel pressured to get a gift on that day after being pressured by advertisers or society.

"Thinking this holiday is definitely made you a big deal, more than it has to be. I think it is more for single people, people who are still looking for love," said second year general arts and sciences student Peter Givens.

The girls Valentine's Day is a big deal, but it really is just a money grab," said Holgren.

The week before Valentine's Day, men are encouraged to buy jewelry, chocolate and flowers for the women in their lives.

Is it a day where people should be expected to buy gifts for their loved ones?

"Valentine's Day is supposed to be a day you should send a special day to your someone, either take them out, buy them something or spend a new week together. You should do it whenever and however frequently you want," said second year health care of applied business services community student Shana May.

"I am more into the history and the moments you have with a person than the actual things you buy for each other," said first year graphic design student Rebecca Knappe.

Heather produced the first Valentine's Day card in 1810 and after Christmas, Valentine's Day is the second largest card sending occasion. Approximately 40 million Valentine's Day cards were exchanged last year.

"Valentine's Day is a Hallmark holiday," said first and junior design student Mike Miller.

A simple gesture such as flowers, cards or chocolate can make a person Valentine's Day memorable, but sometimes people receive much more.

My most memorable Valentine's Day was when my boyfriend flew out to New Brunswick to spend Valentine's with me because I couldn't fly home," said Duggard.

My most unforgettable Valentine's Day was when my boyfriend made me a diamond of jewelry box out of wood," said May.

Love, they say, is one of the most beautiful feelings.



Photo by Courtney Nissen

First year art and visually impaired Emily Marshall and his gift. Second Analyze business marketing student Kelley Holgren, who is celebrating Saint Val Valentine's Day.



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# Valentine's Day

Whether you love it or hate it, the holiday demands attention

## By JESSALINE BAKER

Push and red candles are what store windows and signs for the two are adorned in almost every business, while conventional and spicy traditions make their way to our mouths. But most of all, the lovers and lovers of Valentine's Day opt to use these signs, candles and other

While couples protest that it's the day to express our love for profit, couples spoil each other with flowers, chocolate and affection. But when it comes down to it, what's the



behind that battle that continues to be waged every year?

First-year nursing student, Vicki Miles, despises Valentine's Day. "It's just dumb," she bitterly said. "It's just a day for companies like Hallmark and Haribo's to make money." Miles is an apocryphal Valentine's Day that she refuses to celebrate at. "If you love someone... you should show it all day, every day."

Relationship counselor and psychologist, Dr. Douglas Grey, from Newmarket, said, "In some cases, individuals that are against Valentine's Day have either had a bad experience in the past or have a hard time

dealing with being alone on the holiday."

Miles thinks that people put too much pressure on Valentine's Day. "If the day doesn't go as anticipated, it just gives the couple some thing to argue over."

When asked if some couples fight about the reason for the day, Grey said, "Not quite. The biggest reason couples fight over is money management. I rarely hear of couples coming in and solely arguing over this day."

I feel like people who don't celebrate are deprived of love.  
— Taylor O'Neill

Another first-year nursing student, Taylor O'Neill, feels differently about Valentine's Day. "I absolutely love the holiday," she said. "It tells me when people are having love. I don't see people who are depressed on a day dedicated to love." Even if it's love for your family or friends?

O'Neill has been at a relationship for four years, and every year her boyfriend and her have celebrated Valentine's Day. "Whether we're spending the holiday in the couch watching a movie, or in Niagara Falls for the weekend, the novelty of Valentine's Day never wears away," she said. "I feel like people that don't celebrate are deprived of love."

O'Neill and her boyfriend first started dating in Grade 11. "I will never forget the way he asked me to be his girlfriend," O'Neill said, as a smile swept across her face. "Our senior year, before Jordan Sports One day in the cafeteria, he sat beside me with his iPad and put the song on. When I looked down at the iPad I read, 'Miles, do you want to date me?'"

O'Neill and her boyfriend Adam Belgrade, a first-year police branchman student at Humber College, have a long-distance relationship.

Never taking their eyes off cameras, they try to make each other as much as possible to keep the flame going. "We

talk all the time through social media (Facebook and BlackBerry Messenger) and always make time to see each other at least once a week."

"It takes a certain couple to keep a long distance relationship going strong," said Grey. "There has to be a sense of independence in both individuals and a lot of trust."

Grey and a healthy relationship should consist of five things: trust, communication, patience, confidence and self-love. "If any relationship is lacking one of these five, then you should move on," he said. "But really, it's those aspects that truly hold a relationship together, especially if it's long distance."

O'Neill is content that her relationship remains of those aspects. "Adam and I are almost the same person," she said. "If we can define a problem, we solve it and deal with it right then and there." "Totally contradicting a problem as soon as it starts is healthy in a relationship," said Grey. "Building up your confidence makes you happy in life."

This year is no different.

From the past, O'Neill and Belgrade will continue to celebrate the holiday of love. "I think of you couple on this holiday, you should still celebrate," O'Neill said. "If there's one thing in this world that we all need to embrace, it's love. And at last, so happens there's one day dedicated to doing so."

## HISTORY

It is believed that Valentine's Day was derived from the Middle Ages, when courtly love flourished. Every Feb. 14, the day is dedicated to celebrating love. Valentine's Day is named after a Christian martyr named Valentine and was established by Pope Gelasius I in 600 AD.



Photo by Allison Love (Humber)

Taylor O'Neill and Adam Belgrade celebrated Valentine's Day every year. They have been together for four years and plan on celebrating every Valentine's Day to come.

### WHAT IS THIS RESPECT CAMPAIGN?

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## HOROSCOPE

Week of February 14, 2011



## Aries

March 21 - April 19

You will still not have a fix on it. Scientists and futurists will be promoting their views on the next mission. It will never happen.



## Libra

September 23 - October 23

You will sign up for the experimental body replacement therapy, and there have been and your dream of being a cyborg.



## Taurus

April 20 - May 20

Tyler is sure you will be the shrike to New Vegas, you will discover a new species growing from the asteroids. You will eat it, and it will be delicious.



## Scorpio

October 23 - November 21

The word scientist will actually enter the cultural lexicon. Data. Totally juicy! Get on the trail early by starting to talk like this now!



## Gemini

May 21 - June 21

With the advent of the Taurus season you will find taping your dreams where easier than ever. The plot to your favorite soap will not have changed.



## Sagittarius

November 22 - December 21

The alien animals you have been exploring on Venus will lead you to great discoveries. You will get rich, but the road up with your team is a computer.



## Cancer

June 22 - July 22

The stars will align and Great Britain will not from his dream. On his planet, he will be very confident. Earth will be relieved.



## Capricorn

December 22 - January 19

You will see which shape on the off the shoulder of Orion. You will see a better glow in the dark over the Taurus season.



## Leo

July 23 - August 22

You will begin your work on board the starship Enterprise. Try to avoid getting the red machine of things look made out of my vision.



## Aquarius

January 20 - February 18

You will wage war on Mars against Emperor Mars and end up as a wealthy money red jump suit.



## Virgo

August 23 - September 22

With the planet's population reaching 100 billion, you will write a book about how we are finally reaching the ever-population point.



## Pisces

February 19 - March 20

Your mastery of a human and a human universal power will allow you to reconnect with your father to him it is too late. Start training now!

## OSAP changes welcomed

More money; students can apply earlier

## By CHRISTINE CHAMBER

Some students will be making some changes on the OSAP Student Loan Advantage Program (OSAP). Many of these are improvements to borrowing and repaying OSAP student loans.

The McGraw-Hill government has announced it will be putting \$81 million into the program. That money will give students access to extra funds and they will have less to repay after graduation.

Students will also now be able to apply for OSAP three months earlier than in past years. The application process will start in February instead of May, helping students meet the demands of early admission notices

issued by some schools.

The amount of debt a student can have in one school year will now be \$3,500 and students will have access to up to \$12,000. In past years, students would have to pay back the full loan amount. They will also only have to repay \$7,500 even if their status that has debt is \$12,000.

"You are getting OSAP earlier than I taught in the future," said Ryan Kiser, a Chesapeake College general arts and science student. "I don't have to pay back the full loan. I would consider getting OSAP and working less to make money on the summer."

In the past, many students have had problems with their summer work at part-time jobs interfering with their

OSAP loan. One of the changes to the program is students can now make up to \$100 per week without affecting their OSAP funds. Before, students were only allowed to make \$50 before it started to affect their funding.

"I worked last summer and a really missed with the amount I received from OSAP," said Brad Facer, a Chesapeake College general arts and science student. "Most of the money I made went to my rent and OSAP gave me enough to get through the year."

Along with the changes to OSAP, the government is working to making it easier for students to transfer credit from one college to another or to get credit for college courses at university.

## Learning Groups Winter 2011 Schedule

Learning groups are free weekly study groups that are designed to help students through historically difficult courses. They offer a chance to meet with a service student and other classmates to compare notes, discuss concepts, develop learning strategies, and prepare for exams.

This semester (100) learning groups are offered in the following courses, all you have to do is show up!

	Day & Time	Room Number
Pre-Health Biology I Leader: Jason	Mondays Jan. 17-Apr. 18 4:00-5:30	1000
BioRx A&P Leader: Matthew R	Wednesdays Jan. 26-Apr. 20 11:00-12:00	2B111
Construction Mechanics of Materials Leader: Jean-marc	Mondays Jan. 24-Apr. 18 10:00-11:00	2A403
PHYSICS Dynamics Fundamentals Leader: Mike	Tuesdays Feb. 8-Apr. 19 10:00-11:00	2A207
Pre-Health Biology 2 Leader: Matthew S	Tuesdays Jan. 25-Apr. 19 2:00-3:00	2A405
PHYSICS Gen Leader: Steve	Mondays Jan. 24-Apr. 18 3:00-4:00	2A405
PHYSICS Gen Leader: Steve	Mondays Jan. 24-Apr. 18 3:00-4:00	1C205
Chem Mechanics of Materials Leader: Mirjana	Thursdays Feb. 3-Apr. 21 9:00-10:00	2A405

## Please note

- This schedule is subject to change. It will be communicated to these students as possible, but it is not to be used as a final schedule.
- Learning groups are available to students based on enrollment in the specific course and planning. The general will be completed.



Paul Brown carefully looks into the two casualty figures to learn the future, for your entertainment.



## Monroe returns to big screen

And the academy award goes to Marilyn Monroe!

You can't have me correctly. It's hard to imagine that the actress who died 49 years ago could be cast in future roles.

But for Toronto entrepreneur James Barker, it is not about the rights to the digital images of Monroe for a hefty \$20 million. It will be hard to believe Barker could spend such a large amount of money on these images, especially when \$20 million could go toward helping impoverished children.

Nonetheless, digital media is moving at such rapid speed that the future of special programs in motion. Plus, it would be interesting to see what new artists Hollywood film makers are coming up with.

However, to bring a large star back from the dead and cast her on screens is a little weird.

I think it's important to take Monroe's legacy and translate into consideration. Those who are still alive could find it difficult to watch a movie with her in it.

And as technology becomes more advanced through digital images and more clips, Hollywood could incorporate more people who are dead.

Sister, you'd be dead, not know what kind of movie Monroe will



**Lauren Bennett**  
Opinion

play a role in. Whether she dreams or stars, she will "revisit" and be considered just like any other actress, such as the other American as Natalie Portman who may be trying out for the role.

I believe using old digital images to create roles in movies is something to consider and potential actors. Not only do they need to compete against each other, actors now need to compete against the art of artists of their time, even if they are deceased.

Movie fans from around the globe will most likely be excited to see their favorite actors come back to the big screen. But I think that once their time on earth is done, we should respect the actors' legacy and keep them as they are, a memory.

I think movie would find a better way to use the men and women who changed the face of Hollywood.

I think there is enough film, new talent in Hollywood to star in films. So please, let the dead rest in peace.

## Nintendo does it again

Though I'm not much of a gamer, I can't help but feel myself impressed, once again, with Nintendo's sheer innovation.

First, in 1984, when the Nintendo Entertainment System debuted in North America, the GamePad replaced the joystick as the standard means of direct control on home gaming consoles.

Then, when 1996 saw the release of Nintendo's third home gaming console, known as the Nintendo 64, the newly added analog stick allowed for a whole new 3-D feel that casual console gamers would then embrace.

Fast but not least, 1998 brought Nintendo's fifth home gaming console, known as the Wii, which was the first home game console to introduce a type of controller that could not only be used as a hand-held pointing device but could also detect movement in three dimensions.

QWERTY, the retail Xbox 360 introduced a controller that proved itself to be more versatile than enough. Nintendo's newest gaming console is sure to attract us all with its release on March 27. The brand-held console, known as the Nintendo Wii, will be the first mass marketed device with the ability to position 3-D objects with the need for special glasses. Some of the device's features will also include 3-D camera and video playback capability,



**Markie Flanahan**  
Opinion

gaming and extensive social experience in 2003, known as FigureIt.

Nintendo: We couldn't wait the first to include an ability to detect movement in 3-D.

Pretty impressive, right? But it seems like Nintendo's just getting started.

As if it hasn't already proven itself to be more versatile than enough, Nintendo's newest gaming console is sure to attract us all with its release on March 27.

The brand-held console, known as the Nintendo Wii, will be the first mass marketed device with the ability to position 3-D objects with the need for special glasses. Some of the device's features will also include 3-D camera and video playback capability,

and, as a result of the two cameras on the outside of the device, an ability to take 3-D photos.

I'm not a Nintendo fanboy by any means, but it doesn't take a rocket scientist to determine how amazing and unique new tech upcoming looks today. Nintendo has proven itself to be the most innovative and trend setting video game company for years and it doesn't seem like more would surprise anyone they guess there it seems to continue.

I've also been impressed continuously over the years with Nintendo's seemingly endless supply of high quality products and all I can say is that I'm eager to witness what the Nintendo Wii is capable of. Then new console is sure to serve as a multi purpose device for countless individuals and will undoubtedly set the bar for retail video game companies once more. What can I say, Nintendo - you're doing it right.

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# SHOVEL THOSE SLICES AS FAST AS YOU CAN!

PHOTO BY DEANLE O'NEILL

A sandwiched couple making a meal right by the General Students Inc., features a right couple trying to feed the other a whole pizza.

Michelle Lerman, below left, throws a wedge of pizza in the general direction of Deanle O'Neill. They were the couple and a first trip for her to Florida during the school year.

Lerman, bottom photo, signs a document after winning the general white pizza survey the school.



## GET INVOLVED FAIR

### Want to Volunteer?

Students from the General Business Program will be showcasing different opportunities for you to volunteer in your community!





PHOTO COURTESY

For the second year in a row, Conestoga law and security administration students won scholarships from ASIS International. From left are students Scott Langlois, Dave Peder and Fabio Pinto. Also shown are Larry Wallace, from ASIS International, and James Phillips, LASA program co-ordinator.

## Conestoga students secure scholarships

By LARA BROWN

Conestoga College law and security administration students have done it again.

It's the second year in a row that they have been awarded all three available ASIS International scholarships.

The three students who recently were awarded prizes from the organization of security professionals were award recipients Scott Langlois and Dave Peder, who each received gifts of \$250, and Fabio Pinto who was awarded \$1,000.

The annual awards are open to LASA students who are currently in their first year of studies at a post-secondary institution in south western Ontario.

"The scholarships are due in the fall, and must include a paragraph showing dedication, drive and a passion for the

field.

"Students need to have a measure of an A average, they need to write an essay about something to do with the security industry, and they need a reference letter from their co-ordinator," said James Phillips, program co-ordinator for the

diploma program.

And when it comes to the submission guidelines, Conestoga students seem to shine.

"We always get really good responses on our essays," Phillips said. "I think it really shows that we have a strong program."

## SNOW AND WIND FORCE A 'CLOSE' CALL



PHOTO BY LARA BROWN

Students' staff will finally get a rare day off on Feb. 2, after Conestoga College closed due to bad weather. A snowfall of approximately 25 centimetres and blustery winds forced the closure. Conestoga has only closed a couple of times in the last 12 years.



PHOTO BY LARA BROWN

There was no fighting for parking spaces on Feb. 2. Parking lot 23 at Dixie campus is a empty lot, and a handful of cars that the college and rec centre were closed due to bad weather.



# WIN TICKETS TO SEE LADY GAGA

PERFORMANCES TAKE PLACE

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